



CANDLES in the wind

A House Magazine of UDAVUM KARANGAL

Issue No.56

For Internal
Circulation
only

Oct-Dec 2023

From the desk of the Founder Secretary!

Hello, everyone! This has been an eventful year for us—serving destitute mentally-ill people, making social investments we believe in, expanding our footprint in new areas of service, and achieving remarkable milestones.

Uncertainty prevails everywhere as we can't forget what Michaung Cyclone had brought in our lives. UdavumKarangal Homes were also drastically affected. Water logged everywhere, all the patients and residents were shifted to a safe place and accommodating everyone was not an easy task but still we managed to overcome the unpleasant situation. At the same time we also lent our helping hands to support the needy in the neighbourhood. We donated essential items to the people staying in the nearby Schools due to inundation in their houses and also clothes to the children and women staying in the relief camps of the Government.

In the meantime, a thought stuck in my mind that if a normal person has suffered so much due to the cyclone then how much persons with paraplegia (spinal cord injury victims) would suffer. The very next day Udavum Karangal under took distribution of flood relief kit to the paraplegia persons covering areas like Tambaram, Manali, Tondiarpet, Thiruvallur, Redhills, Chengalpet. This flood relief kit contained 10 Kgs rice, 1 ltr refined oil and groceries for a month.



Can you guess after distributing these essential items what I saw in their smiling faces?

As the saying goes, one can see God in the smile of the poor and needy. I saw God in their smile. Paraplegia is the most unnoticed, neglected and lesser known community. It was Mr. Bart and Mrs. Marijke, from Helpende-Handen, Netherlands who immediately came forward to help us by giving 1000 Kits to these suffering persons.

Rest as usual, our day to day chores are running in all swiftness. The 2nd LPG Crematorium under construction, at Otteri, Chennai, was interrupted due to rains and is slowly recovering to normal. Our Hospital, Community College and Schools are again in full form.

Thank you for being part of our journey; we anticipate an even better year ahead for both, you and us!

I wish you & your family a very Happy New Year 2024.

S. Vidyaakar

Your support makes a difference



Rescue, Rehabilitation & Reunion Page

NAME	RESCUE DATE	REUNION DATE
Sankara Narayanan	16.08.2021	04.10.2023
Pandiramu	08.10.2023	11.10.2023
Rajendran	18.10.2023	26.10.2023
Ashish	27.10.2023	30.10.2023
Myrthrin	14.11.1995	28.11.2023
Kirubanandham	30.11.2023	08.12.2023

A failed love story of a man makes him mentally ill, found roaming on the streets of Ayappakkam , rescued and reunited...

A 40 year old mentally ill man, in a depressed and emaciated state, roaming near ICF Colony , Ayappakkam was rescued on 18th October 2023 by the Social Worker of Udavumkarangal, Mr. Jacob. He got him tea and biscuits as he seemed starving for days together. He was living in abject conditions with a long beard , matted hair and unclean clothes

He was brought to our Home at Thiruverkadu and given psychiatric treatment, good food , dresses and shelter. After frequent counseling and interaction by our Social workers he disclosed that he was from Salem and was living in the main city (Address- Naal Road, Chinnappan Street, Arisipalayam, MullaiKaadu). His failed love turned him into a mentally ill patient and ran away from his house. Social workers, Srinivasa Rao, found one owner of Kannan Stores, 0427-2352536 in Salem City to whom photo of Rajendran was sent. Within two days Mr. Kannan found Rajendran's brother Parthasarathy, Phone 9003317682. We immediately contacted his brother and after which he confirmed the given details and wanted to immediately meet his brother. It was on 26th October '23 that the brother Mr. Parthasarathy(working as Coolie at Salem) , his wife and Mother of Mr. Rajendran reached Udavumkarangal's Home – Shanthivanam (No.93, Car Street, Thiruverkadu, Chennai-600 077) having known about her son being housed here.

They told us the story of Rajendran how he became mentally ill and was lost. Mr. Rajendran from his school days was in love with a girl who was in the same city. But when it came to marriage, the entire family of the girl opposed as the boy was not of their caste and he was also not having enough earnings. Mr. Rajendran was working as an assistant to a Carpenter. The girl was forcibly married to another boy and on knowing this, Rajendran was depressed and turned mentally ill. He started beating his mother on her head and threatened the people in their street with knives. The children in their street were afraid on seeing him as he was a terror. He never married after that. He was treated with a local psychiatrist but never recovered. He had runaway tendency and one day, 1 ½ years back i.e. in 2022 we went missing from their house at Salem. Even after frantic searching they could not locate him.

Rajendran was a studious person when he was a student. His father was no more and he was living with his mother who supported him by doing the job of a Cook. On knowing the news of her son Rajendran being found, she jumped in joy and rushed to Udavumkarangal Home on (26-10-2023) and thanked Mr. Vidyaakar for having rescued him and organizing a reunion with their family. On seeing him, she flung and hugged him with affection. She was eager to take him back but she was doubtful if she can give him the required treatment. Mr. Vidyaakar counseled Rajendran's family of given proper psychiatric treatment and love to get him back to normal. They were also given free medicines for 10 days.



Rajendran at the time of rescue Mr.Jacob Social worker



Rajendran with Mr. Vidyaakar , Founder Udavumkarangal



Rajendran when reunited with family i.e. mother and brother

Missing Man roaming on the streets for two years rehabilitated and reunited with his father!

On broad daylight, 27th October 2023, around 10.30 am, we received an anonymous phone call from a good soul stating that a mentally-ill young man roaming on the streets of Pattabiram, Chennai opposite to Hindu College, was creating public nuisance, ruckus at that place. Immediately Udavumkarangal social workers team Mr. Jacob (98411 25160) & Ms. Gomathi rushed to the spot, reached around 11.00 am. Without much trouble they identify the mentally-ill person, but least they know that he will cause much trouble to come with them. He was holding a bag, dressed half naked and was very aggressive, violent.

As soon as he saw us he started to run, with great difficulties our skilled social workers trapped him and bored him in Udavumkarangal van. Around 12.30 PM, our team along with the mentally –ill person reached our Home at Shanthivanam , Thiruverkadu.



S. Vidyaaakar(Founder of Udavumkarangal) said that the mentally-ill young man was very violent. As soon as he stepped in our Home, he was given water and coffee followed by a haircut, shave and a bath. Then our social workers Mr. SrinivasaRao (86374 08753) counseled him but in vain, immediately he noticed a bag which was carried by the patient. We were shocked to see so many certificates and documents which he has carried with him for two years. By seeing his AADHAR Card we confirmed his name was ASHISH, Date of birth is 11/12/1994. He has passed Higher Secondary examination with good grades and also holds a Diploma Certificate from the Wrestling Federation of India. In all his certificates we could see that he belongs to Haryana State.

Udavumkarangal Social worker Mr. SrinivasaRao, is well versed in finding one's location, address etc. With the help of Google, he gathered some information from his certificates and documents; he started surfing and could find that he belongs to Mehrana Village, DadriTaluk and Bhiwani District- Pincode – 127306.

Later Mr. SrinivasaRao, traced a phone number of a departmental store in that locality, contacted and enquired about Ashish, the shopkeeper recognized and immediately he helped us to reach Ashish father. His father name is Mr. JagdishParsad (80598 07209) .As soon as he heard this news he flew to our Home along with Mr.Dilbag Head constable crime branch Dadri – (82956 31107). When he saw his son, he broke down with tears.

Mr. JagdishParsad also revealed some shocking facts about Ashish that he was a wrestler but some opponents under the pretext of friendship introduced him to the world of drugs, ganja and smoking and he became an addict and later Ashish developed running tendencies and fell mentally-ill. Ashish was undergoing psychiatric treatment in his native, when there is a chance, he has a habit of running away for one or two days but on the third day he shows up. But on one unfortunate day, Mr. JagdishParsadrecalls the date, it is 25th August 2022, my son Ashish slipped away and he searched throughout the village but in vain. Mr.JagdishParsad had also given a police complaint in the Dadri police station.

Mr.Ashish was reunited with his father Mr. JagdishParsadatUdavumKarangalShanthivanam Home, Thiruverkadu on 30th October 2023 in the presence of PappaVidyaakar (Founder UdavumKarangal. Social workers of UdavumKarangalMr. Jacob (98411 25160), Mr. SrinivasaRao (86374 08753) and Mr.Dilbag Head constable crime branch Dadri – (82956 31107).

Mr.Jagdish thanked the Founder Secretary and the Organisation for their humane works.

Ashish at the time of rescue Ashish with Pappa Vidyaakar



Ashish after rescue with Social worker Jacob





Depressed man from Madurai roaming on the streets of Chennai, after accident, rescued and reunited...

A 42 year old mentally ill man, in a depressed and emaciated state, roaming near Canara Bank in Ambattur, Chennai, was rescued on 8th October 2023 by the Social Worker of Udavum karangal, Mr. Jacob. Initially when asked he never uttered a single word except walking away. He was living in abject conditions with a long beard, unclean clothes and almost starving for days together.

He was brought to our Home at Thiruverkadu and given psychiatric treatment, good food, dresses and shelter. After frequent counseling and interaction by our Social workers he disclosed that he was from a place called Thiruppuvanankotai, Manamadurai TK, Sivaganga District. He is said to have met with an accident 10 years back and his condition became worse after that. He was roaming about on the streets and is not in a position to tell how he landed up in Chennai. He claims to have been married and has daughters studying +2. His full name is Pandi Ramu and also disclosed a name of his friend Mr. Ravi, Ph: 9944786705.

Social workers spoke to Mr. Ravi who in turn promised to get the family of Pandi at the earliest. It was on 11th October '23 that the mother of PandiRamu, Smt.SenthamizhSelvi, (Mobile: 9943118209) reached Udavum Karangal's Home – Shanthivanam (No.93, Car Street, Thiruverkadu, Chennai-600 077) having known about her son being housed here. Mr. Ravi who is the friend of Pandi on receiving information from Udavum Karangal had sent the details and photo of Pandi to his sister, who in turn confirmed that it was Pandi and then informed her mother. She had three children – two sons and one daughter. The elder son died due to current shock while he went as an assistant to Electrician. Her daughter is married to a person at Vellore in a village. Some three years back when she came to see her relative in Chennai, since she did not get back to her village PandiRamu came in search of her but did not meet each other and from that day onwards he was missing.

Recollecting about Pandi, she said that he was a bright student and was the top ranker in his school in +2. He was good even after marriage, but when he met with an accident he started behaving abnormally. He was riding in a bike with his friend who was drunk and both met with an accident and had a head injury. He has two daughters studying +2 and 9th Std. His wife got separated and was living in Madurai with 2 daughters. She said that she was eager to see Pandi. On seeing him, she flung and hugged him with affection. She was eager to take him back but she was doubtful if she can give him the required treatment.

She was assured by Udavum karangal to send the medicine free of cost if she sends a request as and when required. She was now happy and planned to take him back, in a few days' time to her native village Thiruppuvanam, near Madurai.

She thanked Mr. Vidyaakar, Social workers and Udavum Karangal for having traced her son who was missing for 3 years and safely handing over to her.



Mr. PandiRamu at the time of Rescue



Mr. PandiRamu with Pappa Vidyaakar after Rescue



Mr. Pandi Ramu with Pappa

after shave and haircut



Mr. PandiRamu reunited with his mother. On the left Mr. Vidyaakar & on the right Social Workers.



Missing Man roaming on the streets for 10 years rehabilitated & reunited with brother

A 45 year old mentally ill man roaming on the streets of Kaduvetty, near Poonamallee and its neighbourhood was rescued on 16th August 2021 (during the middle of covid 2nd wave) by the Social Worker of Udavum karangal, Mr. Jacob. Initially when asked he revealed his name as Sankara. He was living in abject conditions with a long beard, unclean clothes and almost



starving for days together. He has now been reunited with his brother's family by Udavum Karangal (NGO with Home at Shanthivanam , Thiruverkadu) on 4th October 2023 .

S. Vidyaakar,(Founder of Udavum Karangal) told that the man was in a depressed and emaciated state when he was rescued. He was brought to our Home and given psychiatric treatment, good food, dresses and shelter. After frequent counseling for a couple of days, he disclosed that he was from a place called Sundara Chalapuram in Thiruverkadu and gave information about his family members. He got separated from his wife. His full name was Sankara Narayanan and that he had studied diploma.

Since the place he wanted to get back i.e. his brother's house was in outskirts of Chennai, the Social workers of the NGO, Mr. Jacob and Mr. Mohan (Ph: 7358786892) managed to contact his brother Senthil Kumar but could not get him. So they took him to his residence at Sundara Chalapuram and handed him over to his brother's son Mr. Mohan Raj who was at the house.

Mr. Mohan Raj said that his uncle was missing for the past 10 years, after he got separated from his wife Mrs. Hemalatha and his son aged 15 years. He said that people used to tell us that he was somewhere in Chennai, but whenever we went to get him at the location told by people he would not be there. He was roaming and walking very fast and changing places frequently. The family had lost all hopes of seeing him again. His father died long back and his mother is old and ill. Since they were living in utter poverty, due to which he became depressed and developed mental illness.

Mr. Mohan Raj thanked Vidyaakar for rescuing his uncle Sankara Narayanan and taking efforts to locate his family. The family members were given counseling as to how psychiatric patients are to be treated while living in family and also free medicines for a month.

If you find anyone on the streets who have no one to care contact Udavum Karangal in 9940188012. Udavum Karangal (Founder Mr. Vidyaakar.S) a 40 year old NGO has rescued and

Sankaranarayanan at the time of Rescue



After rescue



Sankara Narayanan at the time of reunion with family





Destitute woman reunited with family at Chhattisgarh after 35 years of missing...

Mythrin, aged 55, who has been a resident of Udavum Karangal for the past 28 years now showed willingness to go back to her home at Chhattisgarh. Udavum Karangal took all efforts to trace back her family at Chhattisgarh and on 28-11-2023 she has been reunited with her sister who came all the way from Chhattisgarh to receive her from Mr. Vidyaakar, Founder of Udavum Karangal.

Udavum Karangal, have made possible one such reunion of a woman who has been its resident for the past 28 years. Mythrin was rescued on 14th November 1995 by Udavum Karangal (UK) while she was aimlessly roaming on the streets at Avadi, outskirts of Chennai. She did not know Tamil and so could not communicate where she came from. A Well-wisher of UK referred her to be sheltered for her safety and security. Ever since 1995 she has been a resident of UK, was provided good food and dresses. Since she was happy enough she never wanted to go back Home and so did not reveal about where she came from or about her relatives.

Now that she has expressed willingness to go back Home she revealed the name of village as Deori. Mr. Srinivasa Rao, (Ph: 9940188012) a Social worker and an expert in tracing out missing families was entrusted the job of finding out the family of Mythrin. He immediately contacted some 4-5 persons in the Village and circulated her Photo in Whatsapp. Meanwhile some of these people posted her photo in the Facebook and she was immediately identified by her brother in law Mr. Dilip Yadav (Phone 8085056181) and was confirmed by her sister Gurubari (Phone 8269722199) who was living in Deori Village, Raigarh District, Chattisgarh Pin code 496 001.

Ms. Gurubari, sister revealed the details of Mythrin. Both her parents have died. Her father married twice and Mythrin was the eldest daughter and had a younger sister by name Kara who now lived in neighbouring village. His father's second wife had 4 children and Gurubari was one of them. Mythrin was married at the age of 20 even at that time she had some mental sickness. One such day her husband tied her to a tree in the village all night and some of the local people untied the rope and left her free. From that day she went missing and her husband got separated and migrated to Orissa.

The sister, Gurubari and brother in law came to Udavum Karangal on 28th November 2023 and received her with all happiness. Her sister informed us that Mythrin has been missing for the past 35 years and couldn't believe that she was still alive. She said that Mythrin has also a share in the father's property house and she will be living there when she goes back to Deori Village in Chhattisgarh. But Mythrin having enjoyed a happy living in Udavum Karangal for the last 28 years was feeling a bit sad as she was getting separated from her long time friends at UK.



From Left - Her Brother in law Mr. Dilip Yada, Sister Gurubari, Mythrin and Mr. Vidyaakar, Founder Udavum Karangal



Mentally-ill man missing for two months rescued, rehabilitated and reunited with his brothers!

“The righteous cry out, and the LORD hears them; he delivers them from all their troubles.”

On November 30, 2023 time 9.00. AM we received a call from a Good Samaritan that a man needs help near Alandur metro railway station. Udavum Karangal is always pleased to hear a similar call from anyone because we feel the public believes us that we can do justice to such destitute.

As soon as we heard the call, our team of Social workers Mr. Mohan & Mr. Jacob rushed to the spot and found a 40 years old man lying uncared on the road, pathetic condition, dressed in rags and stinking. He was unable to stand, lacks strength and on the left leg he has big wound which has to treated immediately. Our social workers helped him to get into the Udavum Karangal van and he was taken to our Home located at Shantivanam for further care and management.

Our Social workers gave him a bath, first aid was given for the wound on the left leg later followed by lunch. Our experienced social worker Mr. Srinivasa Rao (86374 08753) counseled him but in vain, constant monitoring was done, the patient was non-cooperative and after three days the patient opened up that his name was Kirubanandham and his native is Erode and the rest, he is unable to remember anything .

Udavum Karangal also helps the needy paraplegia persons and this project is initiated by Mr. Mohan one of the senior social workers of Udavum Karangal and last month he had covered Erode district. Immediately he contacted the Volunteer of Erode District helping Paraplegia Mr. Manikandan and this gentleman came up with the information that in Erode they were searching for Kirubanandham for two month but all the efforts went in vain and he made us talk with the patient sister Mrs. Girija in Erode. She told us that her brother M. Kirubanandham was mentally-ill when he was 17 years old. It is hereditary in her family and their grandmother was also a psychiatric patient. He was treated in IMH and also in some private hospitals but was not recovered fully and on one unfortunate day, he slipped and landed in Chennai near Alandur metro station. She also told that her two brothers are residing in Mangadu and informed them about Kirubanandham's whereabouts. Immediately his two elder brothers Mr. Gajendra Kumar & Mr. Kesavan rushed to our Home on 08th December '23 and it was a tearful reunion. Mr. Kirubanandham was restored to his brothers in the presence of the Founder Secretary Udavum Karangal Mr. Vidyaakar .

The duo brothers thanked Founder Secretary Mr. Vidyaakar and the organization for their Humane service.



At the time of rescue



Mr. SrinivasaRoa Social worker, Kirubanandham and his Brother Mr. Gajendra Kumar at the time of reunion



Mr. Vidyaakar Founder Udavum Karangal with the Patient Kirubakaran at the time of reunion

Prameela

Udavum Karangal a Chennai based NGO co-ordinates with Heed India, NGO Trichy to rescue a man at Cantonment.

It was on 12th of December at about 3.15 pm that Udavum Karangal Chennai received an email from Mr. S. Krishna, (Mob: 9445354828) Assistant Audit Officer, HRI Audit Department, Trichy stating that an old man, aged around 70 years was lying abandoned outside their office at Malaya House, Williams Road, Cantonment, Trichy. He seemed to be starving and very sick.

Under the guidance of Mr.Pappa Vidyaakar, Founder Udavum Karangal a Social worker immediately contacted the Asst. Commissioner's office and informed them of the situation. They immediately deputed Mr. Vetrivel, Mob: 9498156221, Head Constable of Cantonment Police Station to the spot to verify the situation. In the meantime, the Social Worker of Udavum Karangal also contacted Mr. Raana Raja of Heed India – Mob: No.9843444447 (Kangaroo Home for the aged) to



In another half an hour, at about 5.30 pm, a Social Worker, a Nurse and a Male Care Giver from Heed India arrived at the place and rescued the old man who was lying on the road. He was immediately taken to their old age Home, given a bath, good dress to wear and sumptuous food to eat. He is now safe and healthy. Mr. Krishna, Asst. Audit Officer, who gave the initial information, thanked Mr. Vidyaa-kar and the team of Udavum Karangal of Chennai for having taken swift action (though they were 300 kms away) in getting the man admitted in an old age Home at Trichy. He also thanked Mr. Raana Raja Founder Heed India for having rescued the old man and given him a new lease of life.



(The old man aged 70 years at the time of rescue at Cantonment, Trichy by Mr.Raana Raja, NGO Heed}

Textile screen printing started at Karunaiillam Home.

Karunaiillam Home is a unit of Udavum Karangal located at Maduravoyal. It is an old aged home for mentally-ill destitute females. As a part of rehabilitation to these mentally-ill patients, Mr. Vidyaaakar Founder Udavum Karangal started a Textile Screen printing on Dec 30th, 2023

Tie & Die pattern and Screen printing are the main activities carried here, by using this method the residents make handkerchiefs, kurta materials. Later they sell it. This new activity is monitored by Mrs. Jothi Home incharge Karunaiillam





STAFF OF MNC COMPANY – CARISMA SOLUTIONS DONATED TO UDAVUM KARANGAL ON GIVING DAY.



Carisma Solutions a MNC in Chennai dealing in Accounting Products with Australian Firms, has its office in Thousand Lights, where 600 of its employees are working. The organization has organized a “Giving Day” during which time they have been motivated to donate for the cause of NGOs who serve the society. The lunch to the employees is usually given free of cost. But one day the employees made payment for the lunch in order to donate the amount to NGO.

Udavum Karangal was invited to receive the donation in the hands of their CEO * & MD Mr. Stephen on 15th December 2023. Mrs. Jayanthi, Administrative Officer of Udavum Karangal received the donation and thanked the staff and the Executives of Carisma Solutions for their act of kindness. Udavum Karangal donated

Udavum Karangal donated Medical equipments to Tindivanam Govt.General Hospital



On 29th Dec.2023 Udavum Karangal donated some Medical equipment to Tindivanam Govt.General Hospital. It contains Elisa reader, Elisa washer, Lap microscope with magnus mlx plus --sp series. Mr. Needhidevan a volunteer of Udavum Karangal safely handed over the medical items to the Hospital authorities.

Second from right Mr. Needhidevan volunteer Udavum Karangal handing over the medical equipments to the Hospital authorities.



அயப்பாக்கம் அரசு ஆண்கள் மேனிலைப்பள்ளி நன்றி தெரிவித்தல்

வணக்கம்

உதவும் கரங்கள் அமைப்பினைச் சார்ந்தவர்களுக்கு அயப்பாக்கம் அரசு ஆண்கள் மேல்நிலைப்பள்ளிக்கு செய்த உதவிகளுக்கு இந்த பள்ளியின் தலைமையாசிரியர் என்ற முறையில் நானும் இருபால் ஆசிரிய பெருமக்களும், மாணவர்கள் அத்தனை பேரும் ஒன்றாக இணைந்து எங்களுடைய மனமார்ந்த நன்றியினை உங்களுக்கு தெரிவித்துக் கொள்கின்றோம்.

எங்கள் பள்ளிக்கு உதவும் கரங்கள் அமைப்பினால் வழங்கப்பட்ட பள்ளியினை சுற்றி அமைக்கப்பட்ட நடைபாதை மேடையானது இந்த மிக்ஜாம் புயலின் போது எங்கள் பள்ளிக்கு பேருதவியாக அமைந்தது. மழை வெள்ளத்தில் எத்தனையோ பள்ளிகள் இயங்குவதற்கு தடையாக தண்ணீர் தேங்கி சேரும் சகதியுமாக இருந்த நிலையில், எங்கள் பள்ளியில் சேரும் சகதியிலும் நடந்து செல்லாமல் பாதுகாப்பாக நடைபாதையின் நடைமேடையில் சென்று வகுப்பறைக்கு செல்வதற்கு ஏதுவாக நீங்கள் அமைத்துக் கொடுத்த நடைமேடை இருந்தது. இதனால் மிகப்பெரிய மிக்ஜாம் புயலின் பொழுதும் கூட எங்கள் பள்ளி ஆனது மிகச் சிறப்பாக தன்னுடைய கல்விப் பணியை செய்வதற்கு உங்களால் அமைக்கப்பட்ட நடைமேடை பேருதவியாக இருந்தது.

பள்ளிக்கு இரண்டு அறிவியல் ஆய்வகங்களை (இடைநிலை ஆய்வகம் , மேல்நிலை ஆய்வகம்) சீரமைத்துக் கொடுத்து சுற்றல் பணியானது சீரோடும் சிறப்போடும் நடப்பதற்கு உங்கள் உதவும் கரங்கள் அமைப்பு செய்த சேவைக்கு எங்களுடைய மனமார்ந்த நன்றியை தெரிவித்துக் கொள்கின்றோம்.

மேலும் பள்ளியின் வளாகத்தின் முகப்பு பகுதியில் பேவர் பிளாக் (Paver Block) கல் பதித்திருப்பதால் நுழைவு வாயில் பார்ப்பதற்கு எழில் மிகுந்து காணப்படுகிறது என்பதை மகிழ்ச்சியோடு தெரிவித்துக் கொள்கிறோம்.

தங்களைப் போன்று உதவும் கரங்கள் அமைப்பினால் தான் எங்கள் பள்ளியானது கல்விப் பணியினை எந்தவித தடங்கள் இன்றி , சிரமமும் இன்றி சீரும் சிறப்புமாக செயல்படுகிறது என்பதை மகிழ்ச்சியோடு தெரிவித்துக் கொள்கிறோம்.

பேரிடர் காலத்தில் தாங்கள் முன்பு செய்த பேருதவியை மீண்டும் மீண்டும் நினைவு கூற வைக்கிறது. எனவே நீங்கள் செய்த சேவையை எங்கள் பள்ளி என்றென்றும் நினைவில் வைத்து தங்களுக்கு நன்றி தெரிவித்துக் கொள்கிறது.


அரசு ஆண்கள் மேனிலைப்பள்ளி
TNHB, அயப்பாக்கம் சென்னை-77,

Ayyappakkam Govt. boys Higher Secondary School issued a thanks letter to Mr. S. Vidyaakar Founder Udavum Karangal for helping them under CDPS project.



DISTRIBUTION OF RELIEF MATERIALS TO THE VICTIMS OF MICHAUNG CYCLONE IN CHENNAI, KANCHIPURAM, CHENGALPET AND TIRUVALLUR DISTRICTS

The Cyclone Michaung caused huge devastation of Chennai and the neighbouring three districts viz., Kanchipuram, Chengalpet and Tiruvallur which are still reeling under flood waters. Rain has been pounding Chennai for continuous 36 hours amid Cyclone Michaung warning and daily life came to a standstill for over a week till 10th of December. The cyclone has caused severe flooding in Chennai, as most parts of the city are submerged in water. Almost an estimated 25 lakhs have been affected in 4 districts of Tamilnadu.

The lakes were opened up and the water was not coming down in most of the places and still there is water up to 3 to 4 deep in the city of Chennai. In this context Udavum Karangal gave clothes to the women and children in the relief camp in Chennai and groceries along with 10 kgs of rice for 1000 families in Chennai, Chengalpet, Kanchipuram and Tiruvallur Districts starting from 19th December 2023 onwards.

The team led by Social Workers Mr.SrinivasaRao and Mr. Mohan have distributed the relief materials taking it to the places of the victims. The recipient families were very much happy in receiving the Kit and highly appreciated by everyone.

Mr .Bart, Partner and his team of Well Wishers helped us procure the Provision Kit for distribution. We thank them for their benevolence.





Coimbatore Chapter Ayuthai Poojai fest

On 24.10.2023 “Ayuthapoojai” fest was celebrated in Sakthivanam and Thanjam. The fest started at 10.30 A.M. Mr.Ratan Vidyaakar started the pooja by showing camphor with a rang bell to “Goddess Saraswathi” and after that show camphor for the entire vehicles which is parked on ground. The “Goddess Saraswathi” was decorated with colourful flowers along with padayalin front of “Goddess Saraswathi” as chickpeas, Chakkarai Pongal and fruits. Both Thanjam and Sakthivanam inmates gave their presence and pray the “Goddess Saraswathi” to give knowledge and wisdom to all. End of the fest puffed rice with peanuts; chickpeas were served as the prasadam to all the inmates.



Deepavali festival



It is the festival of lights, crackers and sweets. It is one of the favourite and enjoyable festivals among inmates. On 12.11.2023 “Diwali fest” was celebrated in both Sakthivanam and Thanjam. On that day, early morning patients have taken baths with oils and they wearied new clothes happily, have tasty yummy sweets, enjoying new programs in television and watch fireworks and crackers going off around themselves.



Blood Sugar & Kidney Functioning Test Camp

November - 2023



The camp was conducted on 13.11.2023 & 14.11.2023 which was organized by Mr. Bobbin Thomas , Male Nurse of AnbinNizhal, CSR Project of Muthoot Finance, Gandhipuram, Ph: No: 8110336600 at Sakthivanam and Thanjam campus.

Initially first day on 13.11.2023 it was started in Sakthivanam at 7:00 am before fasting blood samples were taken for 70 patients. It was completed at 8:45 Am.



Then next day on 14.11.2023 the camp was started in Thanjam at 7:00 am before fasting blood samples were taken for 50 patients, 7 volunteers and 5 staffs.

Objectives of the camp.

- To identify the diabetic patients and to test the kidney functioning level of the patients.
- To identify the cholesterol level of the patients.
- To find the Hepatitis affected patients.
- To provide effective counseling and guidance for their problem.

Activities of the Camp:

Step 1:

Registration of the patient

Step 2:

Weight and Blood pressure checking

Step 3:

Blood Test

- Blood Samples were collected from all the patients and the team assessed the value of
- Random Sugar
- Cholesterol
- Creatinine
- Urine Sugar
- Urine Albumin
- Hepatitis





Social Workers Impression

Social Workers felt that the camp was completed with satisfaction and it was highly useful. The team from AnbinNizhal, CSR project of Muthoot Finance came with their mobile van which was highly equipped with lab facilities it was an added advantage for the camp.

Results of the tests done

Particulars	Sakthivanam	Thanjam	Volunteers
Patients Screened	70 Nos	50 Nos	7
Hepatitis Test Positive	3 - New Pt's identified 3 old (Under Care)	1 old (Under Care)	0

Conclusion

On the whole, camp was very useful. It was found that 80% patients were absolutely fine and 20% were recommended for consultation with Doctor. Patients of Sakthivanam and Thanjam were very co-operative.

Madurai Chapter

Diwali fest

On 12.11.2023 "Diwali fest" was celebrated in Shanthivanam, Madurai unit. On that day, early morning patients have taken baths with oils and they wearied new clothes happily, have tasty yummy sweets, enjoying new programs in television and watch fireworks and crackers going off around themselves.





Gayathri Hospital Chapter:

Free Medical Screening Camp Conducted by Gayathri Hospital on the Occasion of World Heart Day 2023

Gayathri Hospital located at Thiruverkadu Chennai, celebrated the World Heart Day 2023 by making it a purposeful day – Organised a free Medical Screening Camp on September 24, 2023 (Sunday) at Gayathri Hospital Campus.

The main theme of the camp is to provide a complete Health Care Screening to the Public of Thiruverkadu and its neighbourhood.

The Camp was Organised with the blessing of our “ Pappa Vidyaakar”, Director of Gayathri Hospital. The Gayathri Hospital team under the guidance of Dr. T.R. Rengharajhan (Administrative Medical Officer (AMO) and Nursing Superintendent Mrs.Chitra and other Hospital Staff, students from Jeevan Community College.

The camp was a Multi-Speciality Medical Screening Camp including General Medicine Orthopaedics, Obstetrics & Gynaecology, Paediatrics, ENT, Dental, Ophthalmology and Cardiology specialties.

Various methods of techniques were used to reach out the general public to convey the message regarding the free medical Screening camp. Like distribution of pamphlets in (English & Tamil) displaying of banners at nearly 10 vantage locations, autorickshaw voice announcement system was used and advertisement was given to all the wards of Thiruverkadu.

Nearly 370 plus General Public attended the medical camp and made it a big successful event. Persons who have visited the camp are provided with free medical and super specialties consultation (Cardiology) Free ECG, 20 percent discount in Lab investigation, 50% discount is Physiotherapy treatment, etc.

Total Camp patient – 374

Cardiology – 50 +
General Medicine – 52
Orthopedics – 65
ObGyne – 21
Dental – 24
Opthal – 40
General Practitioner – 85





Gayathri Hospital organised medical camp for the public in and around Thiruverkadu on 08.07.2023.



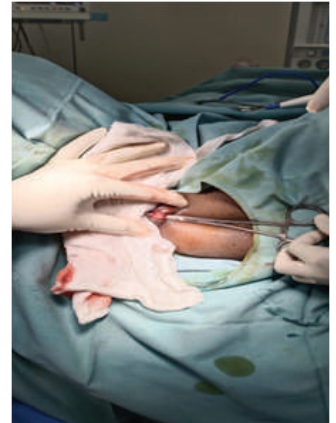
On Sept 24th 2023, World Health day was observed at Gayathri Hospital. Healthy & unhealthy foods were displayed to create awareness among patients



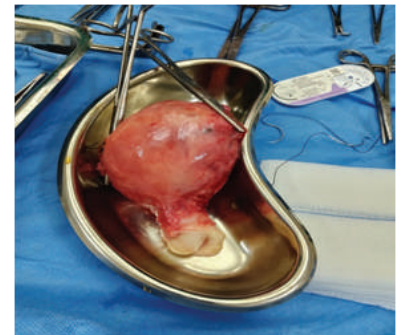


Surgeries performed at Gayathri Hospital in the months of July, August & Sept -2023

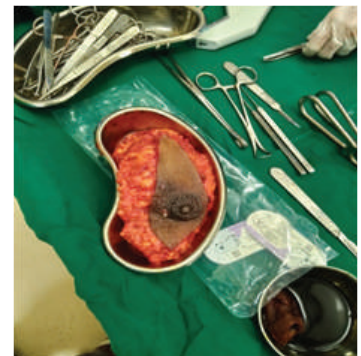
- Patient Came with C/O : Bleeding while defecation for last 3 days
- Painful while defecation for past 1 week
- Diagnosis : Perianal Abscess with Chronic Fissure in Ano
- Date of Procedure done : 10-07-2023
- Procedure : Incision and Drainage of Perianal Abscess with Lateral Sphincterotomy.



-
- Patient Came with C/O : Painful Menstruation with heavy bleeding
 - Increased White Discharge
 - Diagnosis : Bulky Uterus
 - Date of Procedure done : 20-07-2023
 - Procedure : Total Laparoscopic Hysterectomy



-
- Patient Came with C/O: Swelling in the Right Breast. Painful in the Right Breast
 - Diagnosis : Right Breast Lump
 - Date of Procedure done : 27-07-2023
 - Procedure: Right Breast Simple Mastectomy.



-
- Patient Came with C/O : Swelling over the left leg
Severe pain
 - Diagnosis : Left Tibial Fracture
 - Date of Procedure done : 17-08-2023
 - Procedure : Closed Reduction with Inter Locking Nailing Left Tibia

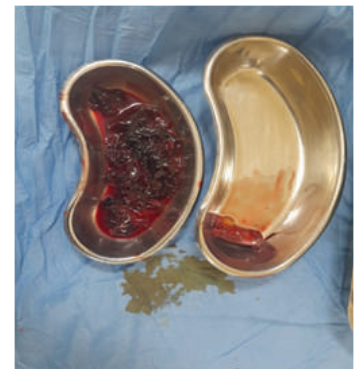




- Patient Came with C/O : Previous LSCS
- Diagnosis : Previous LSCS
- Date of Procedure done : 23-08-2023
- Procedure : Elective Repeated LSCS with Sterilisation



- Patient Came with C/O : Severe Abdomen Pain for last 2 days Vaginal Spotting
- Diagnosis : Ectopic Pregnancy
- Date of Procedure done : 16-09-2023
- Procedure : Emergency Laprotomy proceeded to Right Salphingectomy



International Diabetes Day Observed at Gayathri Hospital

On Nov 19th 2023, International Diabetes Day was observed at Gayathri Hospital. A free diabetic screening camp was conducted for the public. Camp was inaugurated by S. Vidyaakar Founder UdavumKarangal and Director of Gayathri Hospital. Nearly 100 patients were screened for diabetes, followed by a free review from the diabetologist free diabetic lab screening and free medicines for patients were provided.





Free Medical Screening Camp on December 28th 2023

Gayathri Hospital conducted free Medical Screening Camp on December 28th 2023. The camp was conducted as a part of Chief Ministers Comprehensive Health Insurance Scheme. The main objective of the camp was to treat the general public whose health got affected in Michaung cyclone on early December 2023. Nearly 25 patients participated in one hour camp and got benefitted.



Ms. Rachida & Ms. Yvonne Ambassadors from Wilde Ganzen Netherlands visited Udavum Karangal during Nov 2023

Visited Gayathri Hospital



Visited LPG Crematorium

Visited Shanthivanam





Jeevan Special School chapter

NEW UNIFORM:

Jeevan School for special children uniform has been changed from the year 2023. The children look brighter while wearing the new uniform.



YOGA DAY:-

International yoga day was celebrated on June 21, 2023 at Jeevan special school. All the students performed yoga on seeing the teachers doing it. They were also explained the importance of Yoga in daily life.



Physical Education Training:

Every day at school all students are given 45 minutes of exercise. Gross motor and Fine motor development is very important for special students.



INDEPENDENCE DAY CELEBRATION:

On 15th August 2023, the Indian National flag was hoisted at the school premises. Children were told in detail, about the significance of the day. Fancy dress competition and Independence Day related activities were held on the occasion.





DOUGH ACTIVITY:

Play dough is a wonderful sensory and learning experience for children. As our students shape the play dough into a ball or a snake. They're thinking creatively. The squeezing, pinching and pulling movements also strengthen our child's hand muscles and develop their fine motor skills.



PHYSIOTHERAPY:-

The school Physiotherapist Mrs. Geethalakshmi daily trains our students in the following exercises

- * Active & Passive range of motion.* Shoulder stability exercise.
- * Stretching (Hamstring / calf).* Dynamic balancing exercise.
- * Strength for upper limb & lower limb.* Spinal strength exercise.
- * NDT (Neuro development therapy.* Swiss ball activity & stretches.
- * Balance & coordination exercise.* Treadmill walking trainee
- * Abdominal muscle strength exercise.* Balance board – dynamic activity.
- * Scapula mobilization.* Resistance band exercise & activity.





Jeevan Community College Chapter

International Girl Child Day is observed annually on October 11. The day aims to focus on the importance of girls' education, their rights, and promoting gender equality.

The Team of Brahmakumaris Ms.Uma, RajaYoga Trainer explained about the importance of girl child, Girl empowerment, child and safety awareness, what are all the child development programmes, all the students of JCC learned the value and importance of Girl Child and their rights. The Nursing, Montesorri and all the staffs attended the session.



Ms. Uma giving a session at JCC

World Arthritis day: 12.10.2023

World arthritis day is a global health awareness event organized every year on 12 October to create awareness about arthritis, its impact on one's life and educating people about the symptoms, preventive measures and guiding for the early diagnosis to cope up with any further complications.

On the Day of Arthritis, Dr.Ujjeevanam, M.D(Siddha), Professor and Head of the Department, Aruvai Maruthuvam, Govt Siddha Medical College and their Team members Created awareness and explained well about Siddha system of medicine, Therapies regarding osteoarthritis, Yoga Asanas and their benefits, Varmam, Exercises, Diet and their lifestyle management to JCC Students. Students enthusiastically attended the session and gained knowledge regarding Siddha especially Arthritis.





World Pregnancy & Infant Loss Remembrance Day

World Pregnancy & Infant Loss Remembrance Day is a global healthcare event celebrated on the 15th of October every year to raise awareness regarding Pregnancy loss, Sudden Infant Death Syndrome (SIDS) and infant death, which include miscarriage, stillbirth and newborn mortality.

As the Nursing Students in JCC, they should get awareness on the day of global pregnancy, infant loss remembrance day, so, Ms. BABILA, Nursing Tutor gave awareness on the topic regarding Introduction, History, preventive measure for infant loss etc. The students gained knowledge on the topic.



October 15th is Observed as Global Hand washing Day

October 15th is observed as Global Handwashing Day, a global advocacy day dedicated to increasing awareness and understanding about the importance of hand washing and the way to prevent diseases and save lives.

On 17.10.2023, Ms. Sindhu the Nursing Tutor explained about Handwashing, History, types of handwashing, what are all the articles, purpose, uses and Techniques via Powerpoint and videos, the students learned well and wrote the demo well.





Observance of National Cancer Awareness Day at Jeevan Community College

National Cancer Awareness Day is observed on the 7th of November in India every year since 2014 to create public awareness about early detection, prevention, and treatment of cancer.

Mrs. Babila, Nursing Tutor of JCC created awareness Day Program on 10.11.2023 in JCC Auditorium about the Definition, causes, warning signs of cancer, treatment and prevention via PPT, Video presentation. Students made Skit and Singing songs. All the students were very interested to learn and gained knowledge about cancer and different types of treatment and prevention.



Observational Visit to Shanthivanam

As part of their curriculum, the Advanced Vocational Diploma in General Duty Assistant (AVDGDA) I year students and Vocational Diploma in Early Childhood Care and Education (VDECE) VIII batch students visited Shanthivanam Udavum Karangal Home situated at Thiruverkadu. A home for abandoned children and mentally ill patients, Mrs. Babila Nursing tutor and Ms. Sindhu accompanied the students.



Ms. Bakiya and Ms. Banu coordinated and explained about the vision, mission, various branches and various sectors of social work, organization structure, various homes of children and psychiatric wings, system of working. Also elaborates about education for children and special children, our commitments, community programmes, marriages etc. Students were happy, enthusiastic and very passionate to know new things and we also took them few rounds to all units in Shanthivanam.



World science day for Peace and Development

The science of today is the technology of tomorrow.” – Edward Teller

World science day for Peace and Development was observed at JCC on 10 November 2023. The theme for World Science Day 2023 was “Building trust in science.” The main aim was to ensure that all the citizens are kept informed about the developments in science.

It also underscores the role scientists play in broadening our understanding of the remarkable, fragile planet we call home and in making our societies more sustainable.

On 10.11.2023, the team of Brahmakumaris, Mr. B.K. Suresh trainer explained about the importance of science and peace development. He stresses the importance of maintaining balance and stability to all the JCC students. He encouraged the students to practice meditation with closing their eyes for three minutes in soothing music to quiet their mind and notice exactly what is happening. All JCC students along with faculties were actively involved and attained meditation practice with full involvement.



SOFT SKILL TRAINING TO JCC STUDENTS

Soft skill training enables our students to “think out of the box” both creatively and critically. This training will help our students to communicate clearly and appropriately, remembering work directions, working well with others, and knowing how to solve problems. These skills will also help our students to succeed in life no matter what they are doing.

Ms.Manjari, Student counselor and soft skill trainer of Udavum Karangal and RVN School, conducts weekly sessions on Soft Skills every Monday. The topics covered are Importance and benefits of Time management, Team building activity, Communication skills through games etc.





SPORTS WEEK (27.11.23 - 30.11.23)

“Sports do not build character, they reveal it”

Sports week celebration was started with division of four house teams (among all batch students) as Faith, Hope, Charity and Love.

On the first day of sports we started with KHO-KHO in the morning and skipping in the afternoon, Mrs.Babila and Ms.Sangavi were in charge of the events. All four houses competed with each other and on the same day finals were conducted. On the next day Kabbadi was conducted among all house members, Mrs. Monica and Mrs.Priyadharshini were incharge of the event. On 29.11.23 Relay game, lemon and spoon was conducted among all house teams, Mrs.Priyadharshini and Ms.Sangavi were incharge of the event. On the final day musical chairs, needle and thread race was conducted among students.

Students were very active and energetic in all sports activities. Sports committee's performed their role in an effective way to coordinate and control the whole programmes.



Jeevan Community College Election Day - 25.11.23

“Great leaders do not desire to lead but to serve”

Election for chairman and vice chairman post was conducted on 25.11.23, five nominees from AVDGDA - I and AVDGDA - II year competed for both the post. An election booth was set up in the auditorium with a voting poll box. Election Day main objective is to improve managerial qualities and improve the standards, discipline among the students. Each batch students stood in their order and voted for chairman and vice- chairman posts along with their coordinators guidance. Students actively participated in the election.





FIVE COMMITTEE'S SELECTION AT JCC ON 26.11.23

Sports, cultural, decoration, disciplinary and food committees were divided among the students. Volunteers from AVDGDA - II, I year and Montessori were encouraged to participate actively.

As per students voting captain and vice captain for each committee was divided, their roles and responsibilities were explained to them, they were very eager to enrich their role in different aspects. It also helps them to develop managerial skills in all aspects.



World AIDS Day - 01.12.23

Each year, on 1 December, the world commemorates World AIDS Day. People around the world unite to show support for people living with HIV and to remember those who have died from AIDS-related illnesses.

Each World AIDS Day focuses on a specific theme; this year the theme for World aids day was “ Let Communities Lead”. The programme commenced with a prayer song, chief guest was Mrs. Lara Anitha Mary (RVN School Principal) and Mrs. Kavitha Mohanam (JCC Principal) both enlightened the programmewith their beautiful speech, JCC students performed a fabulous mime show which is innovative and knowledgeable, AIDS awareness speech was given by second year student (Ms. Thirupavai) andthe last event was a mind blowing rap song about awareness of HIV was performed by students. Programme was neatly organised by Ms. Babila, Nursing tutor.

At the end of the program students are awarded with badges of chairman, vice chairman, captains, vice captains of all committees and winner certificates of sports. Programme ended with more information and entertainment.



From right Mrs. Lara Principal RVN School, Mrs. Kavitha Principal JCC &Ms. Babila, Nursing tutor along with students



MOVIE DAY at JCC on 02.12.23

On 02.12.23, It was a movie day for Jcc students. Ms. Babila and Ms. Sindhu, JCC Nursing tutors, along with all the students of JCC enjoyed watching the movie "THE ELEPHANT WHISPERERS" in our auditorium, which is an Oscar winning documentary movie based on tribal life. Students enjoyed watching the movie.



Jcc students watching movie on Movie day

First Model exam for AVDGDA -II, AVDGDA - I, Montessori (20.11.23- 24.11.23)

Advanced Vocational Diploma in General Duty Assistant (AVDGDA) first year, second year and Montessori batch had their model exams from the date 20.11.23 to 24.11.23.

Students were studious and wrote their model exams with full interest. On the first day of examination rules and regulations were informed to them, the students followed it throughout their examination schedule.

Three class rooms were arranged as exam halls, printouts of hall ticket numbers were displayed on the chairs and boards. Faculties were very keen on invigilation duty. Without any negative feedback, students completed all their model exams.





SAREE DRAPING WORKSHOP AT JCC ON 22.12.23

"A saree is not just an outfit; it's a style statement and a symbol of tradition"

Experiencing the elegance and beauty of traditional Indian attire, The Saree Workshop was conducted in JCC. Workshop was inaugurated with lighting the kuthuvilakku ceremony by Mrs. Kavitha (JCC principal), Mrs. Saranya (Vice principal), this immersive workshop was organized by fashion designer Ms. Kanagavalli with the support of Mrs. Raji and Ms. Sangavi it not only teaches how to drape a saree but also delves into the history and cultural significance of the saree, box folding, product knowledge, pleating techniques, saree ironing, how to take measurements and how to drape pre pleated saree.

Twenty students actively participated in the workshop with lots of interest a free stationary kit was provided to them, a morning theory session was done followed by that hands-on experience in the afternoon session after free lunch.

Workshop was ended with certificate distribution by our founder Mr. Pappa Vidyaakar followed by a motivational speech to the students.



At the end of the event students displaying the certificates

Christmas Food Feast organized by JCC at Thiruverkadu

Food brings people together. It's a nourishment of the soul and body

A Christmas Food Feast was organized in JCC Campus on 23.12.2023 from 10.00 am to 3.00 pm by the students.

The motive of the Food festival is to raise funds for Udavum Karangal provide Recreation Activity for our students and spread awareness about the activities of JCC to Public for future admissions.





Stalls have been arranged by the students for food and snacks and it was a great success, as more than 400 people attended the Food Feast and have also given us a positive feedback. Food festival was started in JCC after a ribbon cutting ceremony by our founder Mr. Pappa Vidyaakar. Mr. Vidyaakar was welcomed into JCC food fest with great applause by JCC students, staffs and two Santaclaus.

Pappa visited all the ten stalls, tasted the foods and appreciated the students and staff's efforts in performing a wonderful food fest. Ms.Sindhu and Ms. Monica have taken extra efforts to decorate JCC with Christmas colors and decorations. Ten stalls were decorated enormously by JCC students and respective staff.

Names of stalls are Chennai Walla, American fries, Sanda sandwich, Pop-up, 90's kids, traditional stall, chill out, Bajiwalla, Maggi shop and brownie.

In each stall students and staff did fabulous work by preparing and serving food hot and hygienically to the people who attended our Christmas fest.

Games stalls were enjoyed by the people and a separate wish tree was kept for the public; they used it for writing their wishes. Programme was a grand success, it concluded with the appreciation from the principal Mrs. Kavitha to all the students and staff.





SPEAK FOR INDIA CONTEST HELD AT JCC ON 21.12.23

“Speech is power, speech is to persuade, to convert, to compel”

Speak for India contest was organized by Spot light team in various states of India, Team approached JCC to involve the students in speech competition, first prize was announced as Rs. 2 lakhs, Second prize 1 lakh etc. Twenty five students eagerly enrolled their names in speech competitions, among them after different levels of selection; seven was selected and send to Guru Nanak College along with Mrs. Monica

Students were given different topics instantly; they spoke well and got certificates from the Speak for India team. Students felt motivated to participate in inter college competitions.



WORLD SOIL DAY CELEBRATED AT JEEVAN COMMUNITY COLLEGE

Every year on December 5, World Soil Day (WSD) is observed to raise awareness of the value of good soil and to promote the sustainable management of soil resources. World Soil Day 2023 is centered on the theme, ‘Soil and water, a source of life.’

On this day, students of JCC purchased sibling plants from Nurseries, distributed them to RMKV School to Principal Mrs. Lara and to Mr. Vidyaakar Founder Secretary of Udavum Karangal.

Main aim is to raise awareness of the importance of maintaining healthy ecosystems and human well-being by addressing the growing challenges in soil management, fighting soil biodiversity loss and increasing soil awareness to commit to proactively improving soil health.





RVN School Chapter

The Online workshop on life skills was conducted at Ramakrishna Vidya Niketan Higher Secondary School, on 17th October 2023. Nearly 90 students with two batches, for a batch 45 students from class IX participated in this workshop along with the Principal and Headmistress.

The resource person for the workshop was Kalyani Srinivas CMA, Retd.Professor from Hyderabad.

The Resource person discussed collaboratively on objectives and provided an insight to embed life skills in our regular curriculum on a daily basis. They emphasised on students' self-directed learning. So that students will become successful in achieving their goals. She gave a beautiful insight on the basis on which LIFE SKILL is categorized on

- 1.THINKING SKILLS
- 2.EMOTIONAL SKILLS
- 3.SOCIAL SKILLS
- 4.CRITICAL THINKING
- 5.SELF AWARENESS
- 6.CREATIVE THINKING

To ensure that students do not forget this as a onetime session, this workshop is planned for a month, from October 18th to November15th on all Wednesdays having two sessions in the morning and afternoon also they were given follow up exercises to assess their own life skills through Questionnaire and Feedback.

The workshop concluded with the vote of thanks and on a positive note to embed life skills.





Child welfare committee visit to RVN school

Ms.Bharathi Sub-inspector of Child welfare committee Poonamallee visited our school on 02-11-2023 and gave an encouraging speech to our board going students in need of child care and protection.

Concluding the speech, she advised us to follow some basics rules according to the CWC guidelines.



Excursion of Students of underprivileged families to Forum M

46 deserving Ramakrishna Vidya Niketan School students celebrated their children's day at Nexus Vijaya Forum Mall at Vadapalani on November 14th.



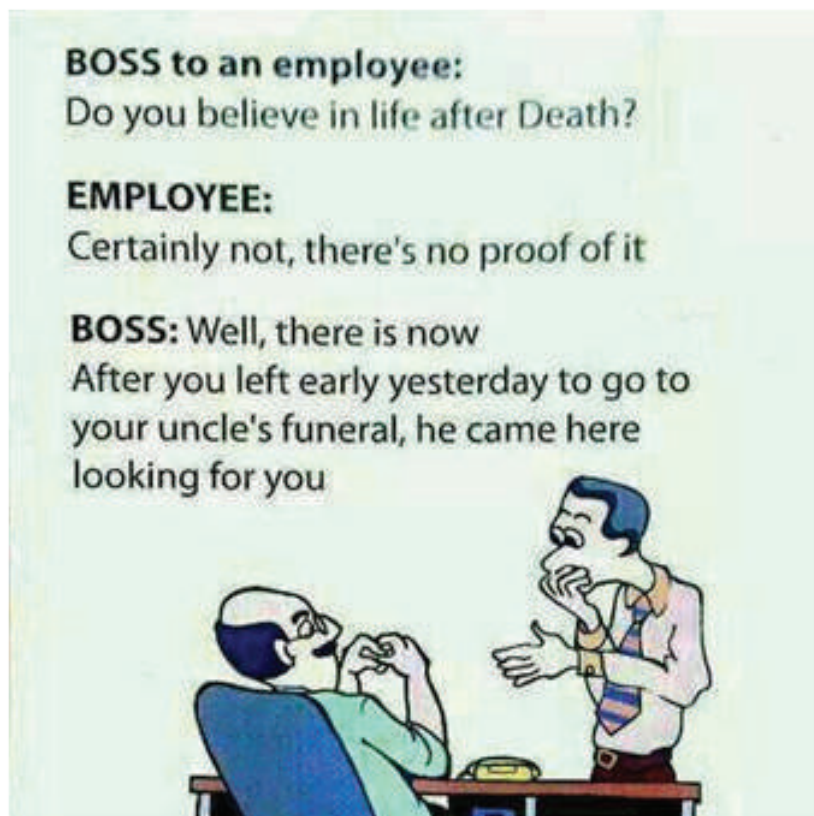


Program Schedule: Nexus

9.30 am	Sugam Travel bus arrived at RVN School
10.50 am	Reached Nexus Vijaya Forum Mall
11.20 am - 12.45 pm	FUN CITY - Every student receives a swiping card that allows them to access 60 games in an allocated time.
1.00 pm - 2.00 pm	KALEIDOSCOPE WORKSHOP - The hosting team taught the children to make a kaleidoscope with sufficient materials.
2.00 pm - 3.15 pm	LUNCH - They provided a western platter, a burger, a Frankie, and a coke.
3.20 pm - 3.50 pm	MAGIC SHOW - Magician Mr. Yugendran did a splendid magic show for our children.
3.55 pm - 4.20 pm	KOLATTAM WORKSHOP - Each individual is provided with a kolattam stick to learn the traditional dance form with the help of trainers.
4.25 pm - 5.00 pm	CURATED HAMPERS - Along with the chairperson & his team provided children's day hampers to our students.
5.10 pm	started off from the mall with a vote of thanks.
5.55 pm	Reached RVN School

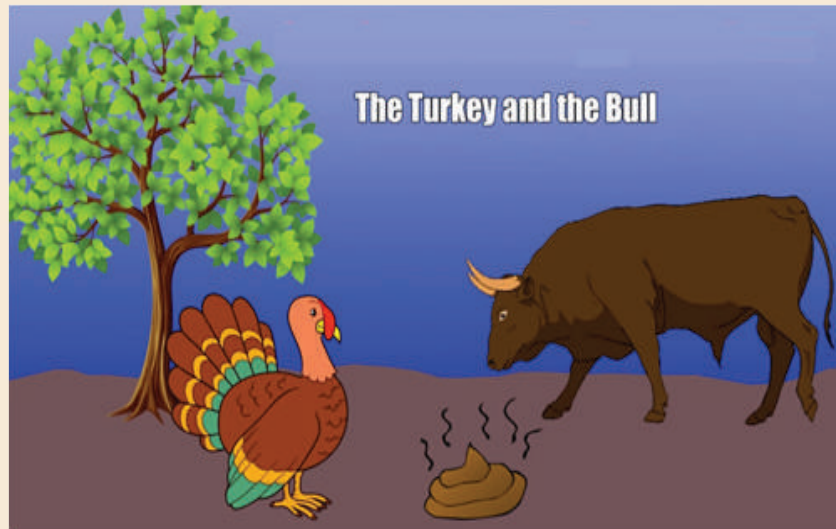
It was an unforgettable experience for the children. We express our sincere thanks to Mr. Shankar, Mrs. Sandhya, and Mrs. Kumareshwari for their extended support.

Fun Corner





Management Lessons



A turkey was chatting with a bull. "I would love to be able to get to the top of that tree," sighed the turkey, "but I haven't got the energy."

"Well, why don't you nibble on some of my droppings?" replied the bull. "They're packed with nutrients."

The turkey pecked at a lump of dung, found it actually gave him enough strength to reach the lowest branch of the tree.

The next day, after eating some more dung, he reached the second branch.

Finally after a fourth night, he was proudly perched at the top of the tree.

Soon he was promptly spotted by a farmer, who shot the turkey out of the tree.

Moral of the story: Bull Shit might get you to the top, but it won't keep you there.

Editorial Team

Mrs. R. Jayanthi

Mr. A. Anosh Nishtar Sadat

Published by

Thiru. S. Vidyaakar

On behalf of Udavum Karangal a NGO located at
460, N.S.K. Nagar, Arumbakkam,
Chennai - 600 106.

Phone: 044-2621 6321/6421/6521

Website: www.udavumkarangal.org

Email: udavumkarangal@gmail.com